

FROM INCARCERATED ADOLESCENT TO PRODUCTIVE ADULT

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Learning Objectives

- Learn sequential mapping, intercept points, and how to expand services and engagement between Behavioral Health Services and the Criminal Justice System
- Review best practices in partnering with law enforcement, courts, jails and probation for alternative responses including pre-and post-diversion and problem-solving courts
- Discuss Rapid Cycle Change as a technique to quickly implement projects



All I Really Need to Know I Learned in Kindergarten

Robert Fulghum

- Play Fair
- Don't hit people
- Clean up your own mess
- Don't take things that aren't yours
- Say you're sorry when you hurt somebody
- When you go out into the world, watch out for traffic, hold hands and stick together
- Live a balanced life – learn some and think some and draw and paint and sing and dance and play and work some every day



Developmental Tasks Of Adolescents

- Identity vs. Role Confusion
 - Synthesis of past experiences, expanding independence and new boundaries with family
 - Peers – the new measure of self worth
 - Personal value system is beginning to be defined
 - Successes and failures become more personal
- Support system
 - Parents
 - Mentors
- Successful navigation of previous milestones?
 - Stable family?
 - Trauma?



The Teenage Brain

Frances E Jensen, MD

- A Brain still under construction
 - Only 80 % Developed
 - Connecting from Back to Front
 - Plasticity – still learning how to live
- The Circadian Rhythm of the Adolescent
 - Time Shift
 - Time for synthesis
- Risk Taking – more excitatory neurons than inhibitory neurons ... which leads to imperfect self control



What can go wrong?

- Substance Use
 - Starting at age 12
 - THC Data
- Trauma
 - Physical – risk taking and concussions
 - Emotional – bullying, mass shootings
 - Sexual – abuse and unsafe experimentation
- Genetics – onset of mental illness
 - Schizophrenia
 - Bipolar Disorder



Therapeutic Jurisprudence

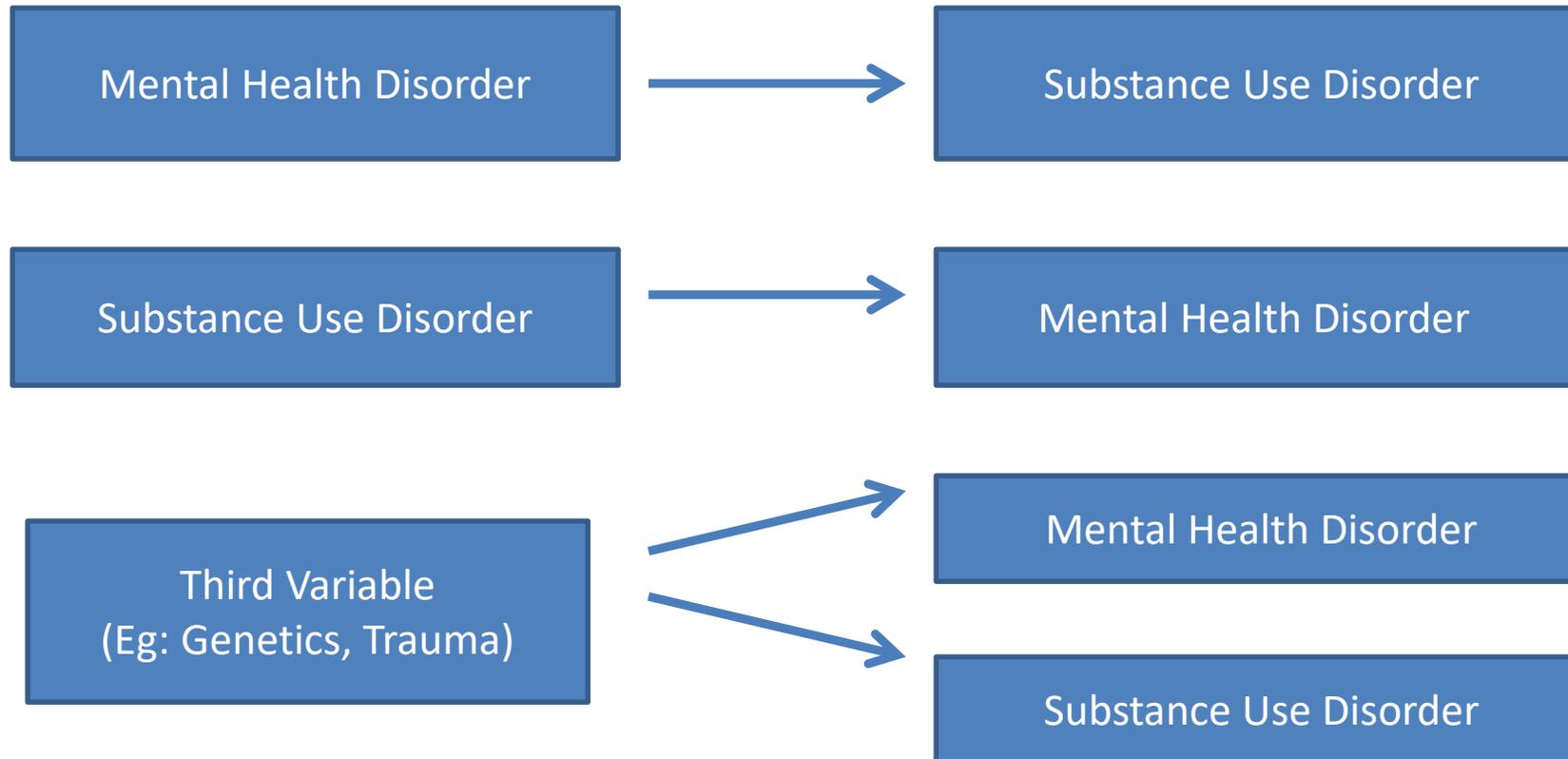
- Rehabilitative Justice
- Goals:
 - Prevent further penetration into the Criminal Justice System
 - Redirect towards a successful life
- Methods
 - Clearly defined and consistent rules, expectations and goals
 - Multidisciplinary Team – CJ, Behavioral Health, School System, Others
 - Consistent Responses and Consequences
 - Mistakes and missteps are teachable moments – Judge becomes an active agent for positive change



Objective Outcomes

- Enhanced personal responsibility
- Pro-social Decision Making
- Personal Resilience

Co-Occurring Disorders: It begins in adolescence.



Problems Caused

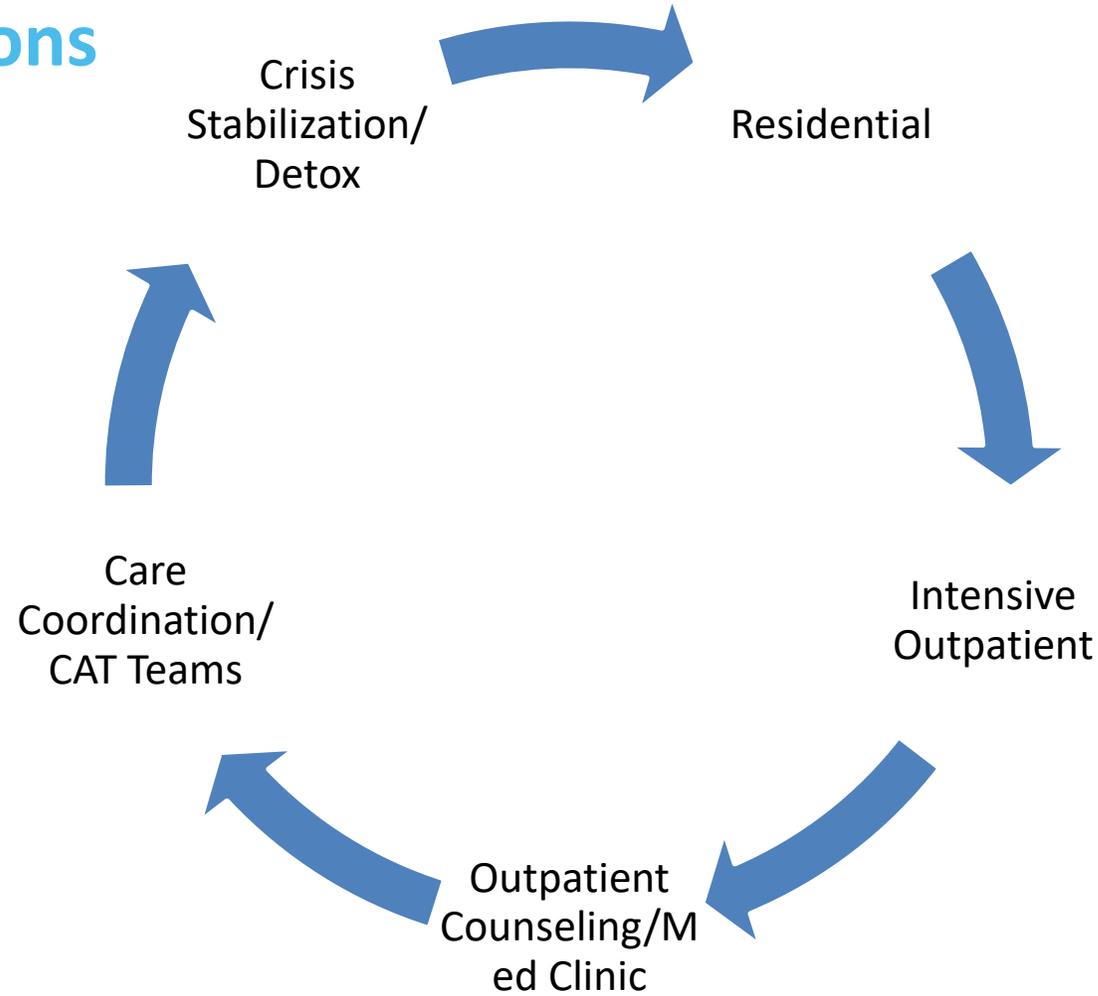
- Family problems
- School or employment problems
- High risk behavior
- Multiple admissions for crisis stabilization
- Development of Substance Use Disorders
- Increased emergency room admission
- Legal problems and incarceration



What Can We Do?



Treatment Options

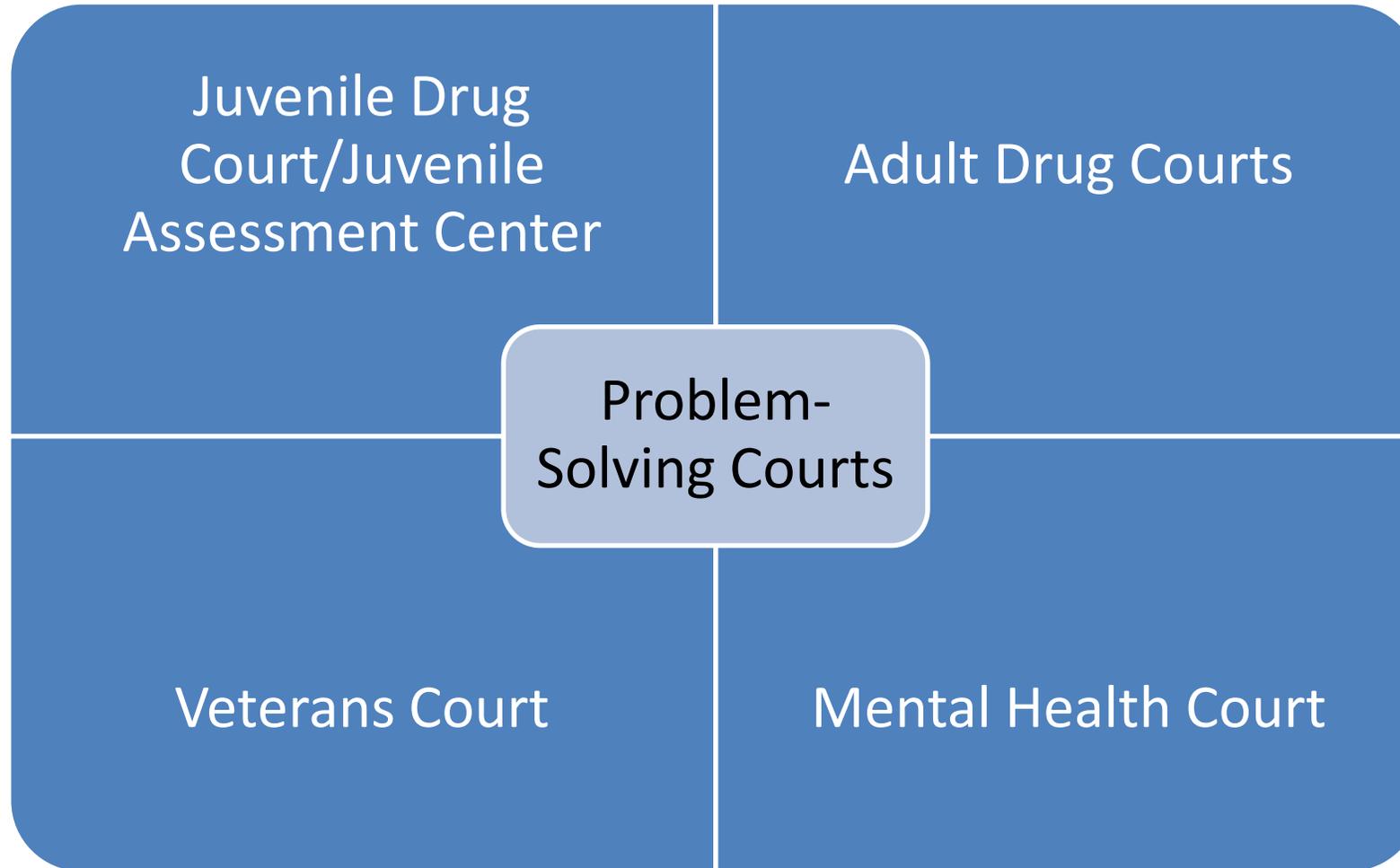


Community Treatment Partnerships

- Community Based Care of Central FL
- Devereux Mobile Crisis
- Wraparound Orange/Seminole
- Seminole & Orange Counties
 - Public Safety Coordinating Council
 - Mental Health & Substance Abuse Task Force
 - Seminole Prevention Coalition
 - Seminole/Orange Opioid Task Force
 - Crisis Intervention Team Training for local law enforcement
 - Seminole/Orange County Courts
 - Orange County Youth Mental Health Management Network Consortium



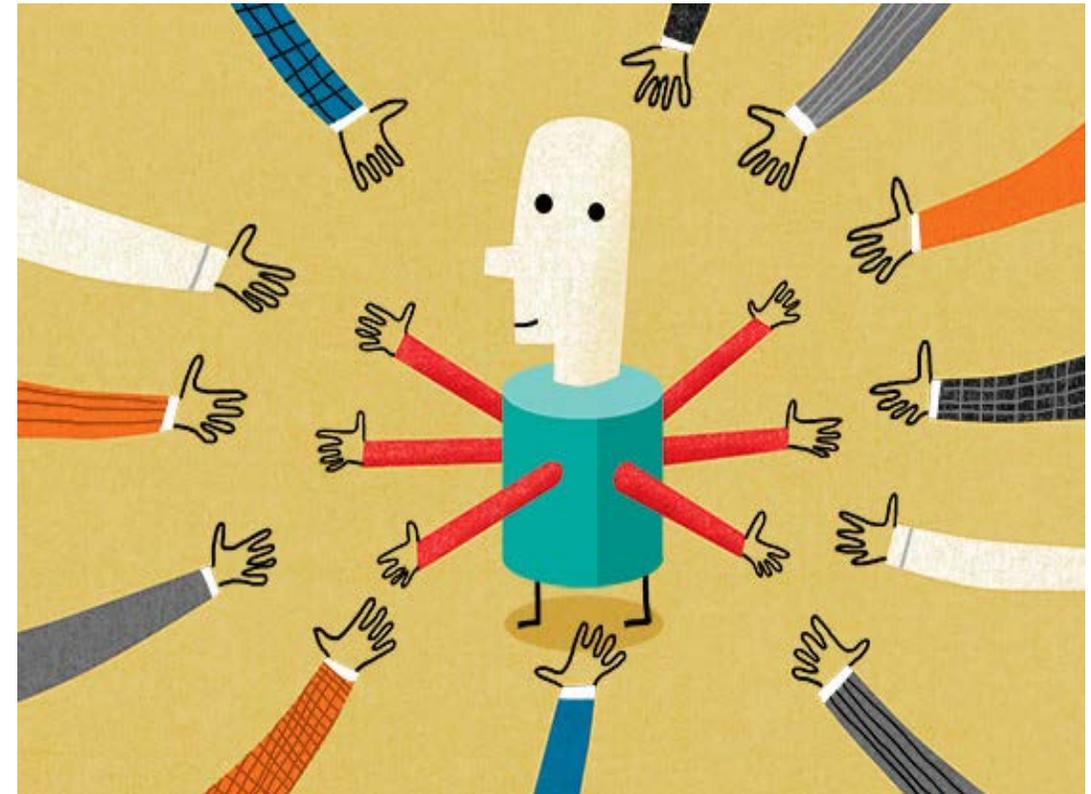
Problem-Solving Courts



How Do We Fund This?

Utilizing a variety of options:

- Insurance
- DCF SAMH funding/Managing Entity
- Grants:
 - BJA, SAMHSA, Reinvestment Grant
- State funds



Expanding to juveniles

- Youth Mental Health Pilot Project
- Zero Suicide Care Coordination
- Future Juvenile Mental Health Court



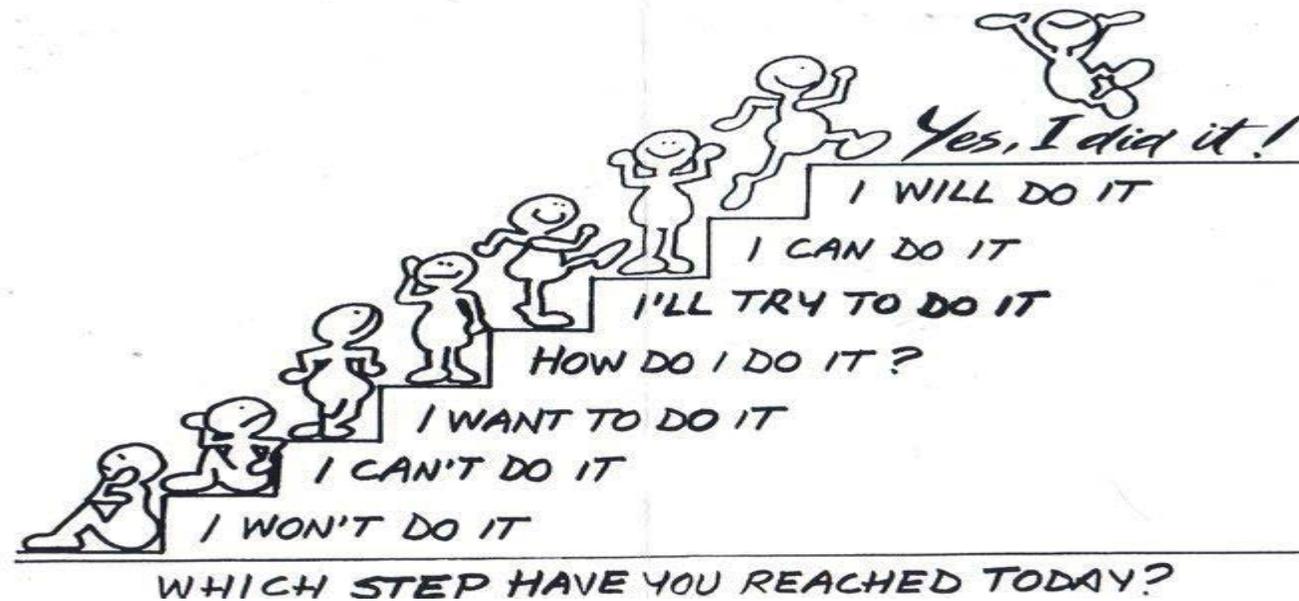
Where do you begin?

- *Juvenile Drug Courts: Strategies in Practice* (2003)
 - 16 strategy guide for building a successful youth problem solving court
 1. Collaborative Planning
 2. Teamwork
 3. Clearly Defined Target Population & Eligibility Criteria
 4. Judicial Involvement & Supervision
 5. Monitoring & Evaluation
 6. Community Partnerships
 7. Comprehensive Treatment Planning
 8. Developmentally Appropriate Services
 9. Gender-Appropriate Services
 10. Cultural Competence
 11. Focus on Strengths
 12. Family Engagement
 13. Educational Linkages
 14. Drug Testing
 15. Goal-Oriented Incentives & Sanctions
 16. Confidentiality



No need to panic!

Take it step-by-step!



Let's take a quick look into the first few...



Who's at the table?

- Identify your stakeholders
 - What makes juveniles different from adults?
 - Lack of control of their environment
 - Adolescent invincibility
 - Heavy influence of peers
 - Family involvement
 - Academic issues

“The needs of youth in juvenile treatment courts are often more complex than that of adults in similar programs.”

(Linden et al., 2010, p 130)

Who's at the table?

- Identify your stakeholders
 - Use your Sequential Intercept Map & the expertise of current stakeholders
 - With our adults we likely already have:
 - Courts
 - Law Enforcement
 - Behavioral Health
 - Local Government
 - We know you'll need:
 - Family
 - School System
 - Other unique elements to your community

"Results showed that the relative effectiveness of JDC and the evidence-based treatments was likely due, at least in part, to the capacity of these interventions to alter well-established family (e.g., parent supervision) and peer (e.g. association with deviant peers) risk factors for antisocial behavior in adolescents."

(Schaeffer et al., 2010, p 57)



We know who, now how?

- Know who has the most pull
 - Identify a leader who can start the conversations
 - Work together to understand who the right connection is to avoid setbacks
- Know your buy-in for each group
 - Look before you leap
 - Try to understand how your court will benefit those you wish to engage
 - Read the audience, listen to concerns, remain open
 - Be prepared for hesitation and ready for open dialogue to figure out how to gain commitment



The Homelessness Initiative Example

The Need

- 60 Minutes story on child homelessness in Seminole County
- Entities working separately to tackle the issue

The Move

- County contracts with American Roundtable to Abolish Homelessness
- Strategic planning, mapping, begins

Stakeholders

- Individual conversations → Contracts/Agreements
- Diverse group now brought together with unified goal

Stumbling Blocks

- Rigidity of beliefs/understanding → Tensions → Lower team turnout
- Pre-team experiences lead to distrust & battles over territory

The Lessons

- Remaining open, flexible & able to adapt is KEY
- Appreciate expertise that is different from your own!



Homelessness Initiative: The Stakeholders



Homelessness Initiative: The Results

- ✓ Ongoing process change
 - ✓ More open, flexible dialogue
 - ✓ Return of stakeholders to the table
 - ✓ Excellent outcomes in 1st year
 - >168 individuals & families housed
 - 54% reduction in ER visits
 - 100% housing retention
 - 96% of pilot participants maintained or increased income
- (Housing the First 100: By the Numbers, Seminole County report to community, 2017)
- ✓ Improved understanding of roles in solving the problem
 - Additional, unexpected partnerships & opportunities
 - Discussion of creation of new problem solving court



FINAL THOUGHTS

- Learn about Evidence Based Models and Novel Programs
 - You do not have to reinvent the wheel ...
- Understand your community's needs, partners and systems
 - Sequential Mapping is one way to bring everyone together
- Collaborate to design a system that is responsive and flexible
 - Be creative and modify what is out there to fit your needs
- Make a commitment to create your system and set deadlines you intend to keep
 - Your best intentions may never happen if you don't
- Focus on **CONTINUOUS** Transformational, Rapid Cycle Change



Questions?





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